

GUSC Announces Registration for ADP U7/U8/U9 PLAYERS

The Guilderland United Soccer Club is pleased to introduce a new *Advanced Development Program (ADP)* for U7, U8, and U9 players. Guilderland United's ADP is an instructional program dedicated to talented and enthusiastic youth players. The goal is to create a quality and enjoyable soccer environment that will enhance a player's skills, coordination, and understanding of the game. The objective is to introduce all ADP players to the fundamental technical skills and decision-making needed to participate on the Guilderland United Travel Teams (U10 to U12). The program provides a transitional link between recreational and competitive soccer.

"ADP is the final piece of the Guilderland United player development system," states GUSC Director of Coaching Michael Kinnally. "I am very excited about finally initiating this program and I'm looking forward to seeing how the ADP will fill this important transitional period.

Summary:

The Advanced Development Program consists of three yearly sessions. The fall, **winter**, and spring. This program is geared to those players whose goal is to participate on competitive teams in the future. Players new to the game of soccer should participate in the clubs recreational program before moving on to the ADP. Player's may participate in individual sessions throughout the year but it is recommended that they complete the three session program.

Program Fees:

Fall Session - \$95.00 - 10 practices held at DiCaprio Park within the Fall Academy Program held in September through October.

Winter Session – Choose from two options

Option One: 12 Training Sessions at a cost of: \$180.00

Option Two: 12 Training Sessions and Afrim's Indoor Session II League at a cost of: \$250.00

The 12 training sessions are held at Afrim's in Colonie on Wednesday's 5:00 – 6:00 pm on the following dates. 12/9, 12/16, 1/6, 1/13, 1/20, 1/27, 2/3, 2/10, 2/24, 3/3, 3/10, 3/17. If you choose option II, the players will also have a game each Monday against other clubs during Afrim's second session of indoor held in January through February.

Spring Session - \$120 (12 practices held at DiCaprio Park on Tuesdays and Thursdays from late April to the first week in June) Players who participated in the winter program will receive a \$25 discount towards their spring registration.

All Players participating in the ADP training sessions will receive a training t-shirt.

Registration can be made online through the clubs website or by printing off the registration form and mailing it to the clubs address. All forms and contact information are also located on the clubs website **www.guilderlandunited.com**